# **Nursing Capstone Project Ideas for Students**

Here are some nursing capstone project ideas for students:

## **Emergency Nursing Capstone Project Ideas**

- Faster triage for busy emergency rooms
- Better pain control in emergencies
- Helping children feel safe in the ER
- Quicker stroke treatment in ambulances
- Improving teamwork during major accidents
- Teaching bystanders to help in emergencies
- Using technology for faster diagnoses
- Reducing waiting times in emergency rooms
- Better care for elderly ER patients
- Improving communication during hospital transfers
- Handling dangerous patients more safely
- Quick sepsis detection and treatment
- Better burns care in emergencies
- Faster heart attack response times
- Improving emergency care in rural areas
- Dealing with mass casualties effectively
- Better asthma treatment in emergencies
- Quicker treatment for diabetic emergencies
- Improving emergency psychiatric care access
- Faster responses to allergic reactions
- Better care for pregnant women in emergencies
- Improving emergency care for immigrants

- Quicker treatment of sports injuries
- Better handling of domestic violence cases
- Faster treatment of poisoning cases
- Improving care for homeless ER patients
- Better handling of drug overdoses
- Quicker responses to head injuries
- Improving emergency care for children
- Better treatment of heat-related emergencies
- Faster responses to breathing problems
- Improving care for car crash victims

## Nursing Capstone Project Ideas for Mental Health

- Art therapy for depression patients
- Music to help calm anxious patients
- Better care for eating disorder patients
- Helping families understand mental illness
- Pet therapy for mental health patients
- Yoga classes for stress reduction
- Group therapy for teenage depression
- Better care for bipolar disorder patients
- Helping patients return to work
- Improving sleep for mental health patients
- Teaching coping skills to anxious kids
- Support groups for new moms
- Better care for suicidal patients
- Helping patients with anger issues
- Improving care for schizophrenia patients

- Drug addiction support in hospitals
- Better PTSD care for veterans
- Helping kids deal with bullying
- Improving care for OCD patients
- Support for grieving family members
- Better care for patients with phobias
- Helping teens with social anxiety
- Improving care for dementia patients
- Support for caregivers of mentally ill patients
- Better treatment for panic attacks
- Helping patients with body image issues
- Improving care for personality disorders
- Support for people with chronic pain
- Better care for self-harming patients
- Helping patients build social connections
- Improving care for postpartum depression
- Support for LGBTQ+ mental health

## Cardiac Nursing Capstone Project Ideas

- Teaching heart-healthy cooking classes
- Better care after heart attacks
- Helping patients quit smoking more easily
- Improving exercise programs for heart patients
- Teaching kids about heart health
- Better care for heart failure patients
- Reducing stress for heart attack survivors
- Improving diet plans for heart patients

- Faster treatment of irregular heartbeats
- Better care after heart surgery
- Helping patients manage heart medications
- Improving home care for heart patients
- Teaching about heart attack warning signs
- Better care for high blood pressure
- Helping patients recover through walking programs
- Improving care for congenital heart defects
- Teaching CPR in high schools
- Better care for heart valve problems
- Helping patients manage cholesterol levels
- Improving care for peripheral artery disease
- Teaching about women's heart health
- Better care for heart transplant patients
- Helping patients manage heart device implants
- Improving cardiac rehab program attendance
- Teaching about heart-healthy weight management
- Better care for heart disease in pregnancy
- Helping patients understand heart tests
- Improving care for inherited heart conditions
- Teaching about salt reduction for health
- Better care for young heart attack survivors
- Helping patients manage heart-related anxiety

## Critical Care Nursing Capstone Project Ideas

- Faster sepsis detection in ICU
- Reducing medical errors in critical care

- Better care for patients on ventilators
- Improving sleep quality in ICU
- Helping families cope with ICU stress
- Better pain management for ICU patients
- Reducing infections in critical care
- Improving nutrition for ICU patients
- Faster weaning from breathing machines
- Better care for brain injury patients
- Helping ICU patients avoid bed sores
- Improving communication in noisy ICUs
- Reducing delirium in ICU patients
- Better post-surgery care in ICU
- Helping ICU nurses avoid burnout
- Improving end-of-life care discussions
- Faster responses to ICU emergencies
- Better care for dialysis in ICU
- Helping ICU patients stay active
- Improving handoffs between ICU shifts
- Reducing unnecessary ICU admissions
- Better care for long-term ICU patients
- Helping patients transition out of ICU
- Improving ICU care for elderly patients
- Faster treatment of ICU infections
- Better ICU care for organ donors
- Helping ICU patients communicate needs
- Improving ICU care for pregnant women
- Reducing ICU-related PTSD in patients

- Better ICU care for diabetic patients
- Helping families participate in ICU care