

Breaking Social Norms Project Ideas For High School

Checkout breaking social norms project ideas for high school students:

Public Behavior:

1. Walk backwards all-day
2. Wear clothes inside out in public
3. Skip instead of walking on busy streets
4. Carry a plant and talk to it
5. Wear pyjamas to formal events
6. Stand facing the back in elevators
7. Eat messy food with chopsticks at restaurants
8. Wear a costume on a regular day
9. Brush your teeth in public fountains
10. Do cartwheels to cross the street

Conversation:

11. Communicate through interpretive dance for hours
12. Speak in rhymes during conversations
13. Answer questions with movie quotes
14. Respond with random animal sounds
15. Talk to strangers about their favourite cheese
16. Introduce yourself with a new name each time
17. Narrate your actions out loud all-day
18. Speak very slowly with long pauses
19. Use exaggerated facial expressions when talking
20. Ask people to repeat everything they say

Dining:

21. Eat soup with a fork at restaurants
22. Use oversized utensils for every meal
23. Eat dessert first, then appetisers, then the main course
24. Bring your chair to busy restaurants
25. Cut all food into star shapes before eating
26. Eat under the table at a fancy restaurant
27. Stand on one leg while eating a full meal
28. Use chopsticks for non-Asian cuisine
29. Drink everything with a crazy straw
30. Wear a bib to a high-end restaurant

School:

31. Take notes using only pictures
32. Raise both hands to answer every question

33. Sit on the floor instead of the chairs
34. Wear a new hat each class period
35. Speak in a made-up language during lessons
36. Walk sideways through the hallways
37. Applaud after each answer in class
38. Carry all books in a fishing net
39. Do jumping jacks during presentations
40. Write assignments in invisible ink or backwards

Technology:

41. Use a rotary phone in public
42. Type on an invisible keyboard at cafes
43. Pretend your shoe is a phone
44. Hold your tablet like a steering wheel
45. Wear headphones that aren't connected
46. Use a banana as a phone
47. Mime taking selfies without a phone
48. Shout internet slang in real-life
49. Wear VR goggles while walking around town
50. Respond to texts with handwritten letters

Shopping:

51. Push an empty shopping cart through stores
52. Try on clothes over your regular outfit
53. Measure everything with a banana for scale
54. Pay for small items with pennies
55. Ask for free samples of non-food items
56. Wear sunglasses and a trench coat while shopping
57. Use a fishing rod to reach high shelves
58. Bring shopping bags made of leaves
59. Juggle items in checkout lines
60. Read ingredient lists out loud dramatically

Transportation:

61. Pedal an invisible bike to school
62. Wear water wings on public transportation
63. Hop on one foot to your destination
64. Use a pogo stick instead of walking
65. Wear roller skates indoors
66. Paddle an imaginary canoe on the sidewalk
67. Ride a kid's tricycle to run errands
68. Walk a stuffed animal on a leash
69. Wear scuba gear on the bus
70. Travel by bouncing on a space hopper

Personal Space:

71. Stand too close when talking to people
72. High-five everyone on the street
73. Wear an inflatable sumo suit all-day
74. Give yourself applause regularly
75. Carry a life-size cardboard cutout
76. Wear a bubble made of hula hoops
77. Do the chicken dance while waiting in line
78. Wear a sign offering free hugs
79. Use a megaphone for regular conversations
80. Carry a stepladder, using it randomly

Greetings:

81. Greet people with a formal bow
82. Fist bump instead of shaking hands
83. Introduce yourself in the third person
84. Use secret handshakes with everyone
85. Greet people by tapping their nose
86. Start conversations with "In conclusion..."
87. Respond to "Hello" with animal facts
88. Wear silly name tags
89. Give weather reports instead of saying hello
90. Compliment a random body part as a greeting

Time:

91. Set your phone to a different time zone
92. Celebrate New Year's Eve randomly
93. Wear multiple watches and check them dramatically
94. Use a sundial instead of a clock
95. Refer to time using fruit comparisons
96. Follow another country's time zone
97. Measure time with an hourglass in public
98. Use prehistoric time terms, like "2 mammoths ago."
99. Schedule appointments for impossible times
100. Wear a clock as a necklace, checking it often

Clothing:

101. Wear clothes for the wrong weather
102. Add a new layer of clothing every hour
103. Wear mismatched shoes
104. Wear a fancy hat with casual outfits
105. Dress for a different decade each day
106. Wear all clothes backwards
107. Change outfits several times daily

108. Wear multiple ties in unusual ways
109. Dress as different professions throughout the day
110. Mix conflicting patterns and colours

Music:

111. Sing instead of talking
112. Play air guitar during serious conversations
113. Beatbox when ordering food
114. Conduct an invisible orchestra while walking
115. Dance wildly with headphones in quiet places
116. Use ringtones as punctuation when speaking
117. Hum your school's anthem between sentences
118. Break into song randomly, like in a musical
119. Clap a beat for others when they talk
120. Assign theme songs to people and play them when they arrive
121. Communicate by humming popular tunes

Breaking Social Norms Project Ideas for College Students:

1. Host a formal tea party in the library
2. Wear scuba gear to all your classes
3. Communicate through interpretive dance for a day
4. Use old-timey words in modern conversations
5. Dress as different historical figures each day
6. Eat meals with comically oversized utensils
7. Conduct lectures in Pig Latin
8. Travel by pogo stick across campus
9. Wear a different wig to each class
10. Use medieval weapons as school supplies

Social Norms to Break for Psychology Project:

11. Stand backwards in elevators, facing others
12. Whisper instead of speaking normally
13. Wear pyjamas to formal events or meetings
14. High-five strangers instead of saying hello
15. Eat dessert first at restaurants
16. Walk sideways through crowded areas
17. Wear sunglasses indoors, even at night
18. Applaud after everyday tasks are done
19. Wear multiple hats stacked on your head
20. Respond to questions with unrelated movie quotes

How To Teach Social Norms To Students?

1. Use role-play scenarios to practice social interactions
2. Discuss real-life examples of social norms
3. Create classroom rules together with students
4. Read stories that highlight different cultural norms
5. Play games to reinforce polite behaviours
6. Watch videos that show proper social etiquette
7. Have students identify norms in various settings
8. Encourage peer-to-peer teaching of social skills
9. Use social stories to explain expected behaviours
10. Give specific praise for following social norms
11. Model appropriate behaviours consistently as the teacher
12. Discuss the consequences of not following social norms
13. Create visual aids that show social expectations
14. Assign projects that explore norms in other cultures
15. Practice greetings and introductions regularly in class
16. Use puppets to show social interactions
17. Encourage reflection on why certain norms exist
18. Teach conflict resolution skills through scenarios
19. Discuss how norms can change in different situations
20. Have students journal about their social experiences