

Kindness Project Ideas For High School

Check out the most trending Kindness Project Ideas For High School students to try on this year:

School Community

1. Begin a buddy help program for kids who need extra school work help.
2. Make welcome bags for kids who join the school.
3. Write thank-you cards for the school cleaning team.
4. Plan a week to thank teachers with small gifts each day.
5. Create birthday cards for every classmate.
6. Clean the school yard on weekend help days.
7. Make happy posters for the school halls.
8. Start a team to say good morning at school doors.
9. Gather school supplies for kids in need.
10. Make friendship bands for everyone in the grade.
11. Paint nice rocks to leave around the school.
12. Build a board of kind words with good thoughts.
13. Start a lunch buddy plan for kids who feel alone.
14. Hold doors open for everyone all day.
15. Help little kids learn to read after school.
16. Make snack packs for kids during hard test times.
17. Write kind notes for each teacher.
18. Plan a drive to get school supplies for classes.
19. Begin a no-bullying plan with kind acts each day.

20. Help the office team sort papers after school.
21. Plant flowers or trees around the school.
22. Make a chain of good deeds to show kindness.
23. Make bookmarks with kind words for the library.
24. Surprise cafeteria helpers with thank-you cards.
25. Plan quiet reading partners for young kids.
26. Build a wall of kind notes with sticky paper.
27. Help new students find their way in the halls.
28. Make stress kits for test time.
29. Start a program to catch kind acts and praise them.
30. Tidy up class supplies at the end of the day.
31. Stick kind notes on lockers before big tests.
32. Help coaches put away gear after practice.
33. Make a board with staff photos and kind words.
34. Gather lost items and return them to owners.
35. Make kind promises for each classroom door.
36. Lead a daily kindness challenge on the school intercom.
37. Decorate class doors with nice words overnight.
38. Help the librarian put books on shelves in free time.
39. Make video thank-yous for school staff.
40. Set up a box for kind ideas in the main hall.

Local Community

41. Collect food for the local food bank.

42. Make cards for people in the nursing home.
43. Pick up trash in neighborhood parks each week.
44. Bake cookies for police and firefighters.
45. Make bird feeders for nature spots in town.
46. Volunteer to read at the local children's library.
47. Wash cars for local teachers for free.
48. Help older neighbors with yard work often.
49. Start a community garden to share vegetables.
50. Make fun kits for kids in the hospital.
51. Gather winter coats for people at the homeless shelter.
52. Write sidewalk chalk messages of hope in town.
53. Host a free car wash for busy parents.
54. Leave coins at the laundromat for someone's wash.
55. Help sort gifts at the local thrift shop.
56. Make care packs for soldiers away from home.
57. Write get-well cards for nearby hospital patients.
58. Paint fences for homes of older people in town.
59. Help bag groceries for shoppers at the market.
60. Clean local trails on weekends.
61. Make kind rocks for the garden paths.
62. Volunteer at the animal shelter to walk lonely dogs.
63. Sew blankets for babies in the local hospital.
64. Gather books for waiting rooms for kids.
65. Make art for plain walls in community centers.

66. Bake bread for new families in the area.
67. Host a story time for kids at the shelter.
68. Remove graffiti from local walls and fences.
69. Give sports gear to local recreation centers.
70. Make nice posters for bus stops in town.
71. Write letters to veterans at a local center.
72. Weed the flower beds in the town square.
73. Hand out water bottles to homeless on hot days.
74. Plan a free dog wash day at the park.
75. Make welcome packs for new neighborhood residents.
76. Organize a community clean-up at the local beach.
77. Plant trees in spots that need more shade.
78. Make care kits for kids entering foster care.
79. Volunteer at a soup kitchen for weekend meals.
80. Create a garden of flowers to pick in kindness.

Digital Kindness

81. Send kind emails to one person each day.
82. Make positive pictures to share safely online.
83. Start an online fundraiser for a neighbor in need.
84. Create short videos to help with homework.
85. Send digital thank-you cards to online teachers.
86. Start a social media page that shares only kind words.
87. Make digital art with nice messages each day.

88. Host online game nights for friends who feel alone.
89. Record a kind podcast for students who feel stressed.
90. Send birthday emails to every grademate.
91. Make digital cards for kids in the hospital.
92. Start an online chain of compliments for classmates.
93. Make a website for good news about school events.
94. Build an online study group for kids who need help.
95. Send nice texts to friends before tests.
96. Make a pledge against online bullying for students.
97. Create an online guide to help with homework.
98. Host virtual movie nights for lonely seniors.
99. Build an app that shows a kind act each day.
100. Send thank-you emails to school district leaders.
101. Make free kind phone wallpapers for everyone.
102. Host a virtual talent show for the nursing home.
103. Send a funny joke daily to someone who is sad.
104. Make online flashcards for kids who need help.
105. Host a video call every week with the senior center.
106. Build a website that shows stories of local heroes.
107. Create an online book club for shy students.
108. Send kind words on social media to friends.
109. Make digital treasure hunts for younger kids.
110. Create a video series of kind challenges online.
111. Send voice messages that praise friends' work.

112. Make a website to rate local place access.
113. Host an online pen-pal club with a far school.
114. Create how-to videos for common school tasks.
115. Send secret digital compliments to classmates.
116. Make happy music playlists for studying.
117. Host a virtual pizza party for good deeds.
118. Build a kind chatbot with daily tasks.
119. Send kind comments on classmates' work online.
120. Create a digital journal to share thanks.

Personal Connections

121. Quietly pay for someone's lunch in the cafeteria.
122. Write five kind words for each family member.
123. Learn the names of all the bus drivers.
124. Teach someone a skill you know well.
125. Give a high-five to everyone you see today.
126. Let someone go ahead in the lunch line.
127. Share your umbrella with someone in the rain.
128. Help carry a heavy backpack between classes.
129. Remember important days in your friends' lives.
130. Sit with a new friend at lunch each day.
131. Say sorry to someone you hurt before.
132. Tell a joke to someone who looks sad.
133. Listen well when others speak.

134. Give real compliments to different people daily.
135. Return things you borrow in good shape.
136. Make a fun playlist for a friend who is stressed.
137. Bake cookies for someone who feels down.
138. Teach your younger siblings a favorite game.
139. Save a special seat for a friend at events.
140. Help a classmate who dropped their books.
141. Share your snack with someone who forgot theirs.
142. Let others pick the game at recess.
143. Make a home-made gift for a friend's birthday.
144. Remember food needs and allergies for everyone.
145. Ask how a friend's day went and listen.
146. Help friends practice for sports events.
147. Stand up for someone treated unfairly.
148. Cheer for others when they win.
149. Forgive someone without them asking.
150. Hide kind notes in books that are borrowed.
151. Offer help before it is asked for.
152. Take notes for a friend who is absent.
153. Return shopping carts for busy parents.
154. Give old clothes to friends who need them.
155. Share what you know with curious friends.
156. Say hello to someone who looks alone.
157. Walk your pet a little extra each day.

158. Make someone's bed when they are not home.
159. Say please and thank you to everyone.
160. Share your treats with all your friends.

Self-Care Kindness

161. Say nice words to yourself for five minutes daily.
162. Forgive yourself when you make small mistakes.
163. Set clear rules with people who are hard to deal with.
164. Take breaks when school work feels too much.
165. Drink more water during the school day.
166. Get enough sleep before school nights.
167. Write three things you are glad for each day.
168. Breathe slowly when you feel worried.
169. Cheer for your small wins with kind thoughts.
170. Move your body in ways that feel good.
171. Talk to yourself in a kind way when you err.
172. Try a new healthy food each week.
173. Spend time outside in nature every day.
174. Remove bad social media from your feeds.
175. Write kind words on your mirror in the bathroom.
176. Plan phone-free times each day.
177. Keep a journal of good things that happen.
178. Learn something new just for fun.
179. Take stretch breaks while doing homework.

180. Set real goals and cheer when you reach them.
181. Say no to things that stress you out.
182. Make your bed every morning.
183. Listen to music that makes you happy.
184. Create a calm routine before sleep.
185. Tidy up your room to lessen stress.
186. Read books that lift your mood.
187. Wear clothes that make you feel good.
188. Make a board with your happy goals.
189. Spend time on hobbies you like.
190. Cook healthy meals for yourself.
191. Try to be mindful for five minutes daily.
192. Keep your space neat and clean.
193. Write letters to your future self.
194. Make gifts that show your art and heart.
195. Take photos of pretty things you see.
196. Plant seeds and watch them grow.
197. Keep a jar for good thoughts on hard days.
198. Learn a new healthy recipe to cook.
199. Make a kit to help you feel calm when stressed.
200. Tell yourself kind words every day.

Kindness Project Ideas for College Students

1. Make a "finals help kit" with treats and kind notes for your dorm hall.
2. Plan a school-wide gift drive for nearby homeless homes.

3. Open a "free kind words" booth in a busy area.
4. Put happy sticky notes on bathroom mirrors in school buildings.
5. Plan a campus clean-up day with green club help.
6. Make care boxes for students who cannot go home during breaks.
7. Help as note-takers for kids with needs.
8. Run a free coffee station during the early finals week.
9. Make a student-led food pantry for peers with hunger issues.
10. Give free tutoring sessions in your best school subjects.
11. Begin a "pay-it-forward" idea at school coffee shops.
12. Plan stress-free tasks during tough school times.
13. Make a site linking students to volunteer chances.
14. Hold warm welcome dinners for international students at semester start.
15. Set up a textbook library for classes with costly books.
16. Offer to help carry boxes on freshman move-in day.
17. Make a kind podcast that shows school tales.
18. Begin a letter drive for nursing homes or vets.
19. Plan free rides to stores for students with no cars.
20. Hold group dinners for off-campus students to make bonds.
21. Make anonymous system to send kind words at school.
22. Plan a school blood drive with rewards for joining.
23. Make a "kindness hunt" all over school with prizes.
24. Begin a school branch of a mental health help group.
25. Plan a drive for interview clothes for seniors.
26. Make mentor program for new and old students.

27. Hold free reviews for resumes and cover letters.
28. Begin a "random kind acts" week with daily acts to do.
29. Make care boxes for school maintenance and cleaning staff.
30. Plan free exercise classes in dorm hall areas.
31. Put "kindness spots" in libraries with nice, warm words.
32. Begin a meal share plan for students during tests.
33. Make a school app linking students needing help to helpers.
34. Plan "gratitude grams" drop service for special days.
35. Hold cultural swap dinners that honor different roots.
36. Begin a school garden giving fruits to local food banks.
37. Make a "kindness wall" for students to share kind acts.
38. Plan tech lessons for older people in the town.
39. Hold service days with local charities in town.
40. Begin a "success closet" loans work clothes for interviews.

2. Kindness Project Ideas for Adults

1. Quietly pay for a stranger's coffee at the drive-through.
2. Plan a local food drive for neighborhood pantries.
3. Begin a "little free pantry" in your area.
4. Help to mow lawns for old or disabled neighbors.
5. Make care boxes for teachers at nearby schools.
6. Hold a local block party to boost community ties.
7. Help as a guide for young pros in your work.
8. Plan a clothes drive for a women's shelter.

9. Begin a community garden in a unused neighborhood spot.
10. Give free skill classes based on your work know-how.
11. Make emergency kits for community members in need.
12. Help at a local animal shelter when needed most.
13. Begin a community tool library for neighbors to share tools.
14. Hold a dinner to raise funds for a local cause.
15. Make a neighborhood watch group that helps the community.
16. Plan a "repair café" where folks mend broken things.
17. Begin a work clothes drive for people rejoining jobs.
18. Help deliver meals to people at home.
19. Make a carpool plan for your work or area.
20. Hold money skill classes in low-income areas.
21. Begin a "kindness matters" award program at your work.
22. Make welcome baskets for new neighbors or team.
23. Help teach language classes for new immigrants.
24. Hold regular blood drives at your own workplace.
25. Make care boxes for soldiers on duty.
26. Begin a local book club that reads empathy books.
27. Help old residents with tech problems at home.
28. Make a local emergency team for sudden natural disasters.
29. Hold free resume classes for job hunters.
30. Begin a "buy nothing" group in your area.
31. Make a meal train plan for families with health issues.
32. Help with local park projects to restore nature.

33. Begin a work mentor program for new staff.
34. Make a community fridge to cut food waste.
35. Hold a cleanup day for parks or beaches nearby.
36. Help as a court guide for special children.
37. Make "gratitude grams" for key workers in your area.
38. Begin a skill share network in your field.
39. Plan a furniture drive for families who need help.
40. Hold regular town meetings on local social issues.

3. Kindness Project Ideas for Middle School

1. Begin a peer tutoring program for struggling classmates.
2. Make a "buddy bench" where kids can find friends.
3. Plan a school supply drive for kids in need.
4. Begin a school recycle program with student helpers.
5. Make hand-made cards for folks in local nursing homes.
6. Make an anti-bullying campaign with kind words.
7. Start a student-led team for conflicts.
8. Make kindness care packages for new students.
9. Plan a school beautification day planting flowers.
10. Begin a "kindness club" that meets weekly for service.
11. Make birthday cards for each student in the class.
12. Plan a food drive contest among homerooms.
13. Begin a lunch plan to include lone students.
14. Create "positivity posters" for hallways and bathrooms.

15. Plan a teacher thank-you week with daily events.
16. Begin a kindness challenge with weekly acts to do.
17. Make "compliment cards" to share around school.
18. Plan school supply kits for local refugee kids.
19. Begin a mentor program for new sixth graders.
20. Make a "kindness counts" award program school-wide.
21. Plan a coat drive before winter starts.
22. Begin an after-school program to help with homework.
23. Make get-well cards for students missing school.
24. Plan a school litter patrol during lunch time.
25. Begin a "kindness rocks" painting project on campus.
26. Make care boxes for school cleaning staff.
27. Plan a book drive for the school library.
28. Begin a pet supply drive for local animal shelters.
29. Make a school kindness newsletter with good acts.
30. Plan a "compliment chain" that links classrooms.
31. Begin an appreciation journal for school staff members.
32. Make a kindness board with student message notes.
33. Plan a "secret friend" week with hidden kind acts.
34. Begin a letter-writing drive for local veterans.
35. Make a "kindness matters" video series for news.
36. Plan student greeters at school doors every morning.
37. Begin a gardening club that gives fruits locally.
38. Make friendship bracelets for every student in grade.

39. Plan a thank-you note day for all school helpers.
40. Begin a "caught being kind" award program school-wide.

4. Kindness Project Ideas for Elementary School

1. Make a class kindness jar that collects many good deeds.
2. Plan a teddy bear drive for kids in hospitals.
3. Create friendship bracelets for all in class.
4. Begin a fun door decorating contest with kind themes.
5. Make thank-you cards for school lunchroom workers.
6. Plan a penny drive for a charity cause.
7. Begin a class "job well done" reward system.
8. Create bookmarks with kind words for the library.
9. Plan a class clean-up of the playground.
10. Make a kindness calendar with daily easy tasks.
11. Begin a "buddy reading" plan with younger kids.
12. Create happy art for senior center walls.
13. Plan a sock drive for homeless shelters.
14. Make a class "compliment box" for weekly sharing.
15. Begin a "morning greeter" turn for class door.
16. Create bird feeders for school grounds in winter.
17. Plan a holiday card day for military members.
18. Make kindness rocks to put around the school.
19. Begin a weekly class meeting focused on kindness.
20. Create get-well cards for classmates who feel sick.

21. Plan a school supply sharing station in class.
22. Make "happy packets" for kids in hospitals.
23. Begin a class plant project sharing seedlings.
24. Create thank-you signs for school crossing guards.
25. Plan a class toy drive for needy kids.
26. Make kindness coupons for family members at home.
27. Begin a school-wide recycling poster contest now.
28. Create paper flowers with kind words for classes.
29. Plan a "thank you" show for school staff.
30. Make a class kindness chain using paper links.
31. Begin a "we caught you being kind" photo wall.
32. Create place mats with happy art for meal centers.
33. Plan a class litter pickup day on grounds.
34. Make a "kindness superhero" plan with weekly capes.
35. Begin a class gratitude journal passed among students.
36. Create hand-decorated lunch bags for food banks.
37. Plan a stuffed animal drive for first responders.
38. Make a kindness pledge everyone signs and shows.
39. Begin a class door greeter rotation system.
40. Make positive morning announcements made by students.

5. Kindness Project Ideas for Kids

1. Draw bright pictures for old neighbors' windows.
2. Make hand-made cards for your family.

3. Help set the dinner table without being told.
4. Gather flowers from the garden for someone special.
5. Build a bird feeder using recycled items.
6. Write sidewalk chalk messages in your neighborhood.
7. Assist younger siblings with easy tasks.
8. Write "I love you because..." notes for parents.
9. Aid sorting clothes for donation.
10. Make kindness rocks with painted words.
11. Create a special bookmark for a friend.
12. Assist feeding pets without a reminder.
13. Make a family "warm fuzzy jar" of compliments.
14. Clean up litter in neighborhood or park.
15. Create thank-you cards for mail carriers.
16. Assist watering plants around the house.
17. Make homemade gifts instead of store gifts.
18. Put bright happy notes in family lunch boxes.
19. Write a "things I love about you" list.
20. Assist younger kids tying their shoes.
21. Make a fun kindness hunt at home.
22. Keep doors open for people in public.
23. Create hand-decorated place mats for family dinners.
24. Assist parents unloading groceries from the car.
25. Make "feel better soon" cards for sick friends.
26. Create a bright paper chain with good deeds.

27. Assist cleaning up toys without being asked.
28. Make a "welcome to the neighborhood" card.
29. Always say please and thank you kindly.
30. Assist in sorting recyclables at your home.
31. Create a "kindness matters" poster for room.
32. Put positive messages in library books.
33. Give toys to friends and siblings gladly.
34. Make a nature collection gift for someone.
35. Create homemade playdough to share with friends.
36. Assist parents making a simple meal.
37. Make friendship bracelets for classmates.
38. Write thank-you notes for birthday gifts fast.
39. Create "happy day" cards for no reason.
40. Make a neighborhood "hello" sign for a window.

6. World Kindness Day Activities for Students

1. Hold a kindness meeting with student talks.
2. Make a school-wide kindness pledge all sign.
3. Plan a "kindness flash mob" in shared spaces.
4. Begin a door decoration contest with kind themes.
5. Make a kindness chain that spans school hallways.
6. Plan "kindness stations" offering different activities.
7. Begin a "kindness matters" t-shirt design contest.
8. Make a school mural with kindness.

9. Plan "compliment grams" delivery around school.
10. Begin a "kindness cameras" project showing acts.
11. Make a school-wide gratitude wall with many notes.
12. Plan a "mix-it-up" lunch day with new seats.
13. Begin a "secret kindness agents" mission plan.
14. Make kindness cards for every student in school.
15. Plan a community service day with many projects.
16. Begin a kindness-themed poetry or essay contest.
17. Make a "kindness tree" with leaves of kind deeds.
18. Plan a video call with senior center.
19. Begin a "kindness countdown" calendar before the day.
20. Make a school podcast episode about kindness stories.
21. Plan a "random acts of kindness" challenge week.
22. Begin a kindness-themed book reading in every class.
23. Make a kindness pledge ceremony at assembly.
24. Plan a kindness art gallery in hallways.
25. Begin a "caught being kind" photo booth day.
26. Make thank-you baskets for every school department.
27. Plan a community clean-up effort after school.
28. Begin a kindness meditation in every classroom.
29. Make a kindness quote contest between grades.
30. Plan a "kind words" day with special acts.
31. Begin a kindness-themed morning announcement series.
32. Make a kindness-themed talent show after school.

33. Plan a fundraiser for a local charity.
34. Begin a "kindness heroes" award program school-wide.
35. Make hand-made gifts for nearby community helpers.
36. Plan a kindness-themed movie screening after school.
37. Begin a "kindness matters" poster campaign school-wide.
38. Make a group kindness music video project.
39. Plan a school-wide letter writing campaign.
40. Begin a World Kindness Day tradition unique to school.